Updates on Managed Care for Dual Eligibles & Medicare Coordination Programs

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Housekeeping

• All on mute. Use Questions function for substantive questions and for technical concerns.

• Problems with getting on to the webinar? Send an e-mail to NCLER@acl.hhs.gov.

• Slides and a recording will be available at NCLER.acl.gov. See also the chat box for this web address.
The National Center on Law and Elder Rights (NCLER) provides the legal services and aging and disability communities with the tools and resources they need to serve older adults with the greatest economic and social needs. A centralized, one-stop shop for legal assistance, NCLER provides Legal Training, Case Consultations, and Technical Assistance on Legal Systems Development. Justice in Aging administers the NCLER through a contract with the Administration on Community Living’s Administration on Aging.
Justice in Aging

Justice in Aging is a national non-profit legal advocacy organization that fights senior poverty through law. Formerly the National Senior Citizens Law Center, since 1972 we’ve worked for access to affordable health care and economic security for older adults with limited resources, focusing especially on populations that have traditionally lacked legal protection such as women, people of color, LGBT individuals, and people with limited English proficiency. Through targeted advocacy, litigation, and the trainings and resources we provide to local advocates, we ensure access to the social safety net programs that poor seniors depend on, including Medicare, Medicaid, Social Security, and Supplemental Security Income (SSI).
Financial Alignment Initiative: Basics
Origin of the Financial Alignment Initiative (FAI)

- ACA created Medicare-Medicaid Coordination Office
- Authorized demonstrations
  - Improve care coordination/health outcomes
  - Save money
FAI Design—3 Models

• Capitated Model
  ▪ Medicare-Medicaid Plan (MMP) received combined capitation for Medicare and Medicaid services
  ▪ States: CA, IL, MA, MI, NY, OH, RI, SC, TX. VA

• Fee for Service Model
  ▪ PCP group paid to coordinate Medicare and Medicaid services
  ▪ States: WA and CO

• Administrative Alignment Model
  ▪ Managed care for Medicare and Medicaid with administrative coordination
  ▪ State: MN
<table>
<thead>
<tr>
<th>State</th>
<th>Start Date</th>
<th>End Date</th>
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<tbody>
<tr>
<td>California</td>
<td>April 2014</td>
<td>December 2019</td>
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<tr>
<td>Colorado</td>
<td>September 2014</td>
<td>December 2017</td>
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<td>Illinois</td>
<td>March 2014</td>
<td>December 2019</td>
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<tr>
<td>Massachusetts</td>
<td>October 2013</td>
<td>December 2020</td>
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<td>Michigan</td>
<td>March 2015</td>
<td>December 2020</td>
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<td>Minnesota</td>
<td>September 2013</td>
<td>December 2020 (extension pending)</td>
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<td>New York-FIDA</td>
<td>January 2015</td>
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<td>New York FIDA IDD</td>
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<td>Ohio</td>
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<td>December 2019</td>
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<td>Rhode Island</td>
<td>July 2016</td>
<td>December 2020</td>
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<tr>
<td>South Carolina</td>
<td>February 2015</td>
<td>December 2018 (extension under discussion)</td>
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<td>Texas</td>
<td>March 2015</td>
<td>December 2020</td>
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<td>Virginia</td>
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<td>December 2017</td>
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<tr>
<td>Washington</td>
<td>July 2013</td>
<td>December 2020 (extension pending)</td>
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Targeted Population

- Most states include both elderly and non-elderly dual eligibles
  - Some states target sub-populations, for example:
    - Massachusetts targets non-elderly duals
    - South Carolina targets elderly duals living in community-based settings at enrollment
- Most states limit their demonstrations to smaller geographic regions (e.g. counties)
  - Statewide: CO, MN, RI, SC
Enrollment

• Initial voluntary enrollment period

• Passive enrollment
  ▪ Notices re: enrollment
  ▪ Eligible individuals enrolled automatically if they did not affirmatively opt out

• Ongoing passive enrollment in most states
  ▪ Exception: New York and California

• Enrollment & disenrollment effective 1st day of the month following enrollment or disenrollment

• No lock-ins
Scope of the demonstration

Total enrollees: 403,000

- 30% of duals in participating states
- Largest enrollment in CA, lowest in NY
Plans and Benefits

• 58 plans participating in the 10 capitated demonstrations

• Offer most Medicare and Medicaid benefits
  ▪ LTSS – nursing facility care and other home and community based services
  ▪ Care Coordination

• Additional flexible benefits
Demonstration Evaluations

• Evaluation has been an important element in demonstration design
  ▪ RTI Federal Evaluation
    ▪ Data and focus groups
  ▪ Other federal reviews
  ▪ State evaluations

• Evaluation and analysis by outside organizations
Financial Alignment Initiative: Lessons Learned & What’s Next
Lessons Learned

• Notices and communication need to be simple and clear
• Ombuds programs are critical
• Stakeholder engagement helps build better programs
• Provider outreach is essential
Ongoing learning

- Delivering person-centered care
- Integrating behavioral health
- LTSS provider integration
- How to engage and reach members
What’s next?

• Saving and outcomes data
  ▪ Early data on Washington FFS model shows
    ▪ Reduction in hospitalizations
    ▪ Cost savings
  ▪ More to come from other states

• Some consolidation
  ▪ Plans exiting program in some states

• More learning as the demonstration matures
Other developments for_duals

- States are moving increasingly to managed LTSS
- Enhancements are coming to protections for QMBs from improper billing. Learn more at our Oct. 2 webinar!
- CMS is urging states to streamline approvals for DME for duals
Other developments for duals

• Medicare data available to states for care coordination
• Medicare-Medicaid ACO demonstration
Resources

• Georgia Burke gburke@justiceinaging.org
• Amber Christ achrist@justiceinaging.org
• CMS financial alignment initiative webpage
  ▪ cms.gov/Medicare-Medicaid-Coordination/Medicare-and-Medicaid-Coordination/Medicare-Medicaid-Coordination-Office/FinancialAlignmentInitiative/FinancialModelstoSupportStatesEffortsinCareCoordination.html
• FAI evaluations page
  ▪ cms.gov/Medicare-Medicaid-Coordination/Medicare-and-Medicaid-Coordination/Medicare-Medicaid-Coordination-Office/FinancialAlignmentInitiative/Evaluations.html
• Justice in Aging page on improper billing
  ▪ justiceinaging.org/our-work/healthcare/dual-eligibles-california-and-federal/improper-billing/
Case Consultations

Case consultation assistance is available for attorneys and professionals seeking more information to help older adults. Contact NCLER at ConsultNCLER@acl.hhs.gov.